

Classroom Activities Early Stage 1

Title		Lesson Outline	Learning Outcomes
Fruit & Veg Month 2015	Lesson one: Traffic Light	Students will learn that fruit and vegetables are everyday foods. Using a traffic light poster and images of fruit and vegetables, students will sort foods as a class.	ALES1.6 PHES1.12 COES1.1
	Lesson two: Taste Testing	Students will experience and taste different green coloured vegetables. Students will use all their senses to experience the vegetables, discuss, draw and label their favourite.	STe-4WS PHES1.12
	Lesson three: Sustainability	Students will learn about reducing food waste. Using a cut and paste activity, students will sort food waste.	STe-8NE STe-2VA Sustainability OI.9
	Lesson four: Make It and Play it: Snap	Students will reinforce their learnings about fruit and vegetables. Students colour and cut out a set of snap cards and then play a game.	ENe-1A COES1.1

Fruit & Veg Month 2016	Lesson one: Vegetable Poetry	Students explore some sample vegetables and then develop an acrostic poem to celebrate their favourite vegetable.	ENe-2A ENe-10C
	Lesson two: Vegetable Science	Students will be introduced to what vegetables need to grow using an IWB activity. They will then use a worksheet to reinforce their learning.	STe-8NE STe-4WS
	Lesson three: Vegetable Art	As a class, students develop an A-Z book of vegetables using images of vegetables.	VAES1.2
	Lesson four: Vegetable Yum	Students are encouraged to taste a range of vegetables through fun activities.	PHES1.12

Fruit & Veg Month 2017	Lesson one: Fruit & Veg Power	Using a digital book, students explore why it is important to eat fruit and vegetables and how often to include them.	PHES1.12 ENe-11D
	Lesson two: How Much Fruit & Veg	Students learn about how often to eat fruit and vegetables through a worksheet task. Students then come up with ideas on how they can include more fruit and vegetables.	PHES1.12 MAe-4NA
	Lesson three: Get Loud for Fruit & Veg	Students develop a poster to encourage people to eat more fruit and vegetables.	PHES1.12 ENe-11D
	Lesson four: Eat More Fruit & Veg	Students taste a variety of fruit and vegetables in a supportive environment. They then write a recount of the experience. Teacher develops a class graph of favourites.	PHES1.12 ENe-2A ENe-11D

