

Classroom Activities Stage 1

Title	Lesson Outline	Learning Outcomes	
Fruit & Veg Month 2015	Lesson one: Traffic Light	Students will learn that fruit and vegetables are everyday foods. Students will sort foods using a traffic light worksheet and images of fruit and vegetables.	PHS1.12 DMS1.2
	Lesson two: Taste Testing	Students will experience and taste different green coloured vegetables. They will then discuss the experience with partners and record their findings on a worksheet.	INS1.3 PHS1.12
	Lesson three: Sustainability	Students will learn about reducing food waste. Students watch two videos and then complete a worksheet on why composting is important and what can go into compost.	ST1-2VA ST1-12MW Sustainability OI.9
	Lesson four: Make It and Play it: Snap	Students will reinforce their learnings about fruit and vegetables. Students colour and cut out a set of snap cards and then play a game.	PHS1.12 DMS1.2 INS1.3

Fruit & Veg Month 2016	Lesson one: Vegetable Story	Students identify their favourite vegetable and why. They then develop a story that celebrates their vegetable as a superhero.	EN1-10C EN1-1A
	Lesson two: Vegetable Science	Students will investigate the variables that might affect the growth of vegetable seedlings. An IWB activity that can be followed with a plant growth experiment.	ST1-11LW ST1-4WS
	Lesson three: Vegetable Art	Students use various vegetable shapes and forms to produce a painting.	VAS1.2
	Lesson four: Vegetable Yum	Students are encouraged to explore why a particular vegetable is their favourite through a taste testing activity.	EN1-2A

Fruit & Veg Month 2017	Lesson one: Fruit & Veg Power	Students learn about why it is important to eat fruit and vegetables and how often we need to eat them. An IWB activity with a follow up worksheet.	PHS1.12 EN1-2A EN1-3A
	Lesson two: How Much Fruit & Veg	Students survey people in their community on their intake of fruit and vegetables. Class graphs the information and then develops a list of suggestions for getting Australians to eat more fruit and vegetables.	PHS1.12 COS1.1 MA1-17SP
	Lesson three: Get Loud for Fruit & Veg	Students create a print ad to promote fruit and vegetables by first reviewing some real food ads.	PHS1.12 EN1-10C
	Lesson four: Eat More Fruit & Veg	Students prepare and eat a simple snack containing fruit and/or vegetables using provided recipes.	PHS1.12 EN1-10C

