

Classroom Activities Stage 2

Title	Lesson Outline	Learning Outcomes	
Fruit & Veg Month 2015	Lesson one: Traffic Light	Students will learn that fruit and vegetables are everyday foods, whereas many fruit and vegetables products are not. Students classify foods using a sorting activity.	PHS2.12 DMS2.2
	Lesson two: Taste Testing	Students will experience different green coloured vegetables through art and a tasting activity	COS2.1 PHS2.12
	Lesson three: Sustainability	Students will learn about reducing food waste. They will watch a video on composting and then develop a poster to promote composting to others.	ST2-2VA Sustainability OI.9
	Lesson four: Make It and Play it: Jigsaw	Students consolidate knowledge about fruit and vegetables and create a jigsaw to share with other class members.	PHS2.12 VAS2.1

Fruit & Veg Month 2016	Lesson one: Vegetable Poetry	Students learn about poetic devices and rhyming sequences. In small groups, students develop a short rhyme to celebrate a vegetable.	EN2-2A EN2-10C
	Lesson two: Vegetable Science	Using an IWB activity, students learn about the different types and colours of vegetables. Students assess their own vegetable intake.	ST2-10LW ST2-4WS
	Lesson three: Vegetable Art	Students review artworks with vegetables as the theme, identifying what the artist was trying to convey with regards to attributes of the vegetable. Students then undertake their own artwork.	VAS2.3 VAS2.4 VAS2.2
	Lesson four: Vegetable Yum	Students are encouraged to taste a range of vegetables in a positive environment.	PHES1.12

Fruit & Veg Month 2017	Lesson one: Fruit & Veg Power	Using an IWB activity, students learn about why it is important to eat fruit and plenty of vegetables and how to achieve this. Students can then assess their own fruit and vegetable intake.	PHS2.12 MA2-18SP
	Lesson two: How Much Fruit & Veg	Students review a food business menu for fruit and vegetable based items and identify potential improvements.	PHS2.12 PSS2.5 INS2.3 MA2-18SP
	Lesson three: Get Loud for Fruit & Veg	Students write a letter to the local paper or their local politician outlining ways to increase fruit and vegetable consumption in the community.	PHS2.12 EN2-7B EN2-11D
	Lesson four: Eat More Fruit & Veg	Students prepare and eat a snack containing fruit and/or vegetables using provided recipes.	PHS2.12 EN2-10C

