

Classroom Activities Stage 3

Title	Lesson Outline	Learning Outcomes	
Fruit & Veg Month 2015	Lesson one: Traffic Light	Students will learn that food can be classified to help guide consumption into everyday foods and sometimes foods. Students undertake a classification task as a class and individually.	PHS3.12 DMS3.2
	Lesson two: Taste Testing	Students will experience different green coloured vegetables through art and a tasting activity.	PHS3.12 COS3.3
	Lesson three: Sustainability	Students will learn about reducing food waste. They will watch a video on composting and then develop a composting plan for a particular situation.	ST3-2VA ST3-5WT Sustainability OI.9
	Lesson four: Make It and Play it: Concentration	Students will use newly acquired knowledge of green classified foods to create a game of concentration. Students will develop memory game cards based on what they have learnt.	DMS3.2 COS3.1 EN3-2A

Fruit & Veg Month 2016	Lesson one: Vegetable Poetry	Students study poetic devices found in songs. In pairs, students then celebrate a vegetable through developing a rhyme (poetry or song).	EN3-5B
	Lesson two: Vegetable Science	Students will learn how vegetables have features and adaptations that help them survive in various environments. Involves an IWB activity and a follow up scientific report.	ST3-10LW ST3-11LW
	Lesson three: Vegetable Art	Students learn about the colours in vegetables and develop vegetable based paints. Students then celebrate a vegetable through painting.	VAS3.2
	Lesson four: Vegetable Yum	Students analyse their vegetable intake and plan a lunch that includes plenty of vegetables.	PHS3.12

Fruit & Veg Month 2017	Lesson one: Fruit & Veg Power	Using an IWB activity, students learn about why it is important to include plenty of vegetables and to enjoy fruit and how to achieve this.	PHS3.12 DMS3.2 EN3-2A
	Lesson two: How Much Fruit & Veg	Students investigate the role of food advertising in relation to fruit and vegetables. They then conduct a survey of fruit and vegetable advertising.	PHS3.12 MA3-18SP EN3-2A
	Lesson three: Get Loud for Fruit & Veg	Students discuss food advertising and develop a storyboard for an ad promoting fruit and vegetables.	PHS3.12 EN3-1A
	Lesson four: Eat More Fruit & Veg	Students prepare and eat a simple main meal containing fruit and/or vegetables using provided recipes.	PHS3.12 EN3-7C

