## Classroom activities state one / Lesson two



#### Learning Outcomes

A student:

- **ST1–11LW** Describes ways that different places in the environment provide for the needs of living things.
- **ST1-4WS** Investigates questions and predictions by collecting and recording data, sharing and reflecting on their experiences and comparing what they and others know.



#### **Cross Curriculum Links**

A student:

• **PHS1.12** Recognises that positive health choices can promote wellbeing.



#### **Resources and Preparation**

#### Resources

- Access to interactive whiteboard.
- Interactive whiteboard materials

   Vegetable Science S1 via
   www.fruitandvegmonth.com.au
- Worksheet 4 Vegetable experiment.
- Pencils for writing.

## **Vegetable Science**

Students will investigate the variables that might affect the growth of vegetable seedlings.

#### Introduction (15 mins)

- Ask students: Do you grow vegetables at home? Or have you seen or visited a farm that was growing vegetables? What do you think vegetables need to grow healthy and strong so that you can eat them (IWB)?
- Watch video of farmer explaining the basic needs of growing vegetables (IWB).
- As a class, review the 3 basic needs of growing vegetable plants – sunlight, water, food. Explain to students that they will be conducting a virtual experiment to measure the impact on seedling growth of withdrawing 1 of these basic needs.

#### Activity (35 mins)

- 1. Discuss how you might test the impact of withdrawing 1 of the basic needs from vegetable seedlings on their success. Brainstorm the importance of a control (IWB).
- 2. As a class, develop an experimental procedure (IWB). Teacher can opt to print or save the procedure as a PDF (*note: print or save before changing screens or work will be lost*). See Teachers Notes for a suggested experimental procedure.
- **3.** As a class, students make predictions for what they think will happen for each variable (IWB). Hand out WS 4 and students fill in their predictions.
- **4.** Undertake the virtual experiment (IWB). Students fill out the 'this is what happened' part of the WS during the activity.
- **5.** Class discusses their findings. Which plant was the most successful? What happened with the seedlings that missed out on: water; food; sunlight? Were their predictions correct? Were there any surprises?

Vegetable Science activity continued >

Resources and Preparation continued >

## Classroom activities stage one / Lesson two continued

#### **Resources and Preparation**

#### Preparation

#### Prior to lesson:

- access interactive materials ready for use.
- photocopy WS 4 1 per student.

#### **Duration | 60 minutes**



#### **Conclusion (10 mins)**

Students conclude what the vegetable plants need to survive and/or flourish (IWB). Students complete WS 4.

**Note:** The basic needs experiment could also be undertaken in real life within the class setting.

#### Assessment

- **For:** Students identify things that vegetables need to grow healthy and strong so that you can eat them.
- As: Student provides useful additions to class development tasks (e.g. recall of basic needs, predictions, experimental procedure).
- **Of:** Student uses WS 4 to reflect on learning and seeks assistance when needed.

#### Differentiation

- **Extend:** Students develop experimental procedure, predictions and conclusions individually before discussing with the rest of the class.
- Simplify: Provide assistance with WS tasks.

#### School/Home Link

Students provided with a copy of the experimental procedure to take home so they can undertake the basic needs experiment in real life with parents/carers if desired.





Fruit & Veg Month 2016 45

# Yesetable experiment

l predict:\_\_\_\_\_

This is what happened:

l conclude that, to grow strong and healthy, vegetables need:

|.\_\_\_\_

3.\_\_\_\_\_

# TEACHERS NOTES



## **Vegetable Science**

#### Stage 1

#### Suggested experimental procedure:

#### What would we need (e.g. equipment)?

- 4 x vegetable seedlings 1 as the control seedling, 1 to be the no water seedling, 1 to be the no sun seedling, 1 to be the no fertiliser seedling
- Water
- Fertiliser
- Sunlight (e.g. a sunny spot)

#### What would we do (method)?

- **1.** Label pots, e.g. control, no sun, no water, no fertiliser.
- 2. Provide seedlings with their basic needs. Give control all 3 basic needs. Give the other 3 seedlings only 2 of the basic needs (according to their label).
- **3.** Keep caring for seedling over time (e.g. a month). Give the basic needs according to the label.
- **4.** Observe the changes in your seedling over time (e.g. a month). You could do this by measuring, taking photos or writing down the changes you observe.

## **Vegetable Yum**

#### Stage 3

#### What is a serve of vegetables?

#### 1 serve of vegetables =

- ½ cup of cooked green or orange vegetables (for example broccoli, spinach, carrots or pumpkin) OR
- <sup>1</sup>/<sub>2</sub> cup cooked, dried or canned beans, peas or lentils OR
- <sup>1</sup>/<sub>2</sub> cup of sweetcorn OR
- ½ medium potato or other starchy vegetables (for example sweet potato, taro or cassava) OR
- 1 medium tomato OR
- 1 cup of green leafy or raw salad vegetables

Adapted from National Health and Medical Research Council (2013). *Educator Guide.* Canberra: National Health and Medical Research Council.

1 cup of green leafy or raw salad vegetables

## 1/2 cup of cooked green or orange vegetables 54 Fruit & Veg Month 2016