

Classroom activities

Early Stage 1 / Lesson three



Learning Outcomes

A student:

- **PHE1.12** Displays positive health practices.
- **ENe-11D** Responds to and composes simple texts about familiar aspects of the world and their own experiences.



Resources and Preparation

Resources

- Optional – access to interactive whiteboard.
- Optional – interactive whiteboard materials – Fruit & Veg Power via www.fruitandvegmonth.com.au
- Worksheet 4 – Why eat?
- Pencils for writing, drawing and colouring.

Preparation

Prior to lesson:

- optional – access interactive materials ready for use.
- place WS 4 up on the whiteboard or print out an A3 copy for modelling the task.
- photocopy WS 4 – 1 per student.

Duration | 45 minutes

Get Loud for Fruit & Veg

Students develop a poster to encourage people to eat more fruit and vegetables.

Introduction (10 mins)

- Review knowledge from previous lessons by recalling: the names of some fruit and vegetables; some of the reasons to eat fruit and vegetables; and how often to eat them. Optional – the digital book from lesson one can be re-read to assist with the task.
- Advise students that most people in Australia do not eat enough fruit and vegetables. Advise students that they will be developing a poster to encourage others to eat more fruit and vegetables.

Activity (25 mins)

1. Ask students to think of their favourite fruit or vegetable. Why do they like to eat it? How would they describe it? Create a word bank.
2. Advise students that they will be developing a poster to promote their favourite fruit or vegetable to others.
3. Model the worksheet task using the display copy of the worksheet – write words to describe the fruit or vegetable around the star and draw a picture inside the star.
4. Provide each student with a copy of WS 4 to complete.



Conclusion (10 mins)

Selected students can show their work to the class. Student work can be displayed in the classroom or around the school.

Assessment

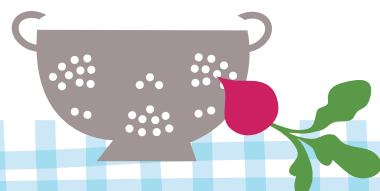
- For:** Student contribution to group discussions.
As: Student identifies why they like to eat fruit and vegetables.
Of: Quality of student work.

Differentiation

- Extend:** Students complete more than one poster. Students create more detailed posters.
Simplify: Students complete the task in a mixed ability pairing. Student undertakes task with assistance.

School/Home Link

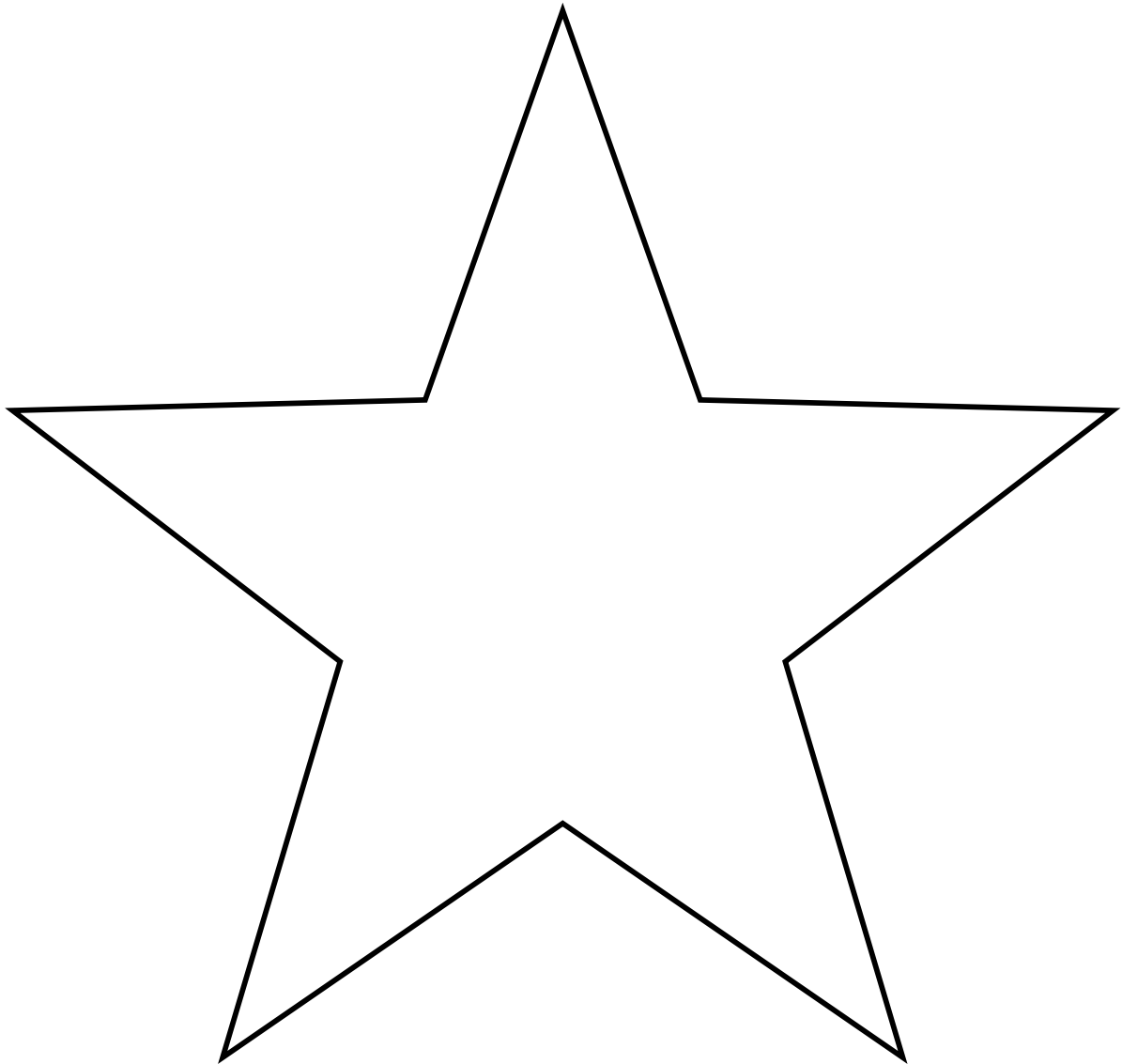
Selected posters can be published in the school newsletter or displayed around the school.





Why eat?

I like to eat _____.



I think you should eat them too!