

Classroom activities

Stage 2 / Lesson three



Learning Outcomes

A student:

- **PHS2.12** Discusses the factors influencing personal health choices.
- **EN2-7B** Identifies and uses language forms and features in their own writing appropriate to a range of purposes, audiences and contexts.
- **EN2-11D** Responds to and composes a range of texts that express viewpoints of the world similar to and different from their own.



Resources and Preparation

Resources

- Workbooks
- Pencils for writing.

Duration | 40 minutes

Get Loud for Fruit & Veg

Students write a letter to the local paper or their local politician outlining ways to increase fruit and vegetable consumption in the community.

Introduction (5 mins)

- Review knowledge from previous lessons: can they name some fruit and vegetables? Can they identify reasons to eat fruit and vegetables? What did they identify from food business menus?
- Advise students that 95% of Australian adults and children don't eat enough fruit and vegetables. Brainstorm the effects this may have on the wellbeing of the Australian population. Students might also like to consider the wider effects on the community, e.g. farmers.
- Advise students that they will be working as a class to identify reasons why Australians might not be eating enough fruit and vegetables and possible solutions. They will then write a persuasive letter to the local paper or their local politician alerting them to the problem and possible solutions.

Activity (25 mins)

1. As a class, identify reasons why fruit and vegetable consumption in Australia, or in their local community, might be so low. These can be listed on the whiteboard.
2. As a class, come up with solutions to overcome the barriers identified and list on the whiteboard.
3. Students draft a persuasive letter outlining the possible reasons why Australians (or their community) are not eating enough fruit and vegetables and providing solutions for change. Students carefully consider who would be the most appropriate recipient of their letter (e.g. local politician, local newspaper, principal, canteen manager etc).

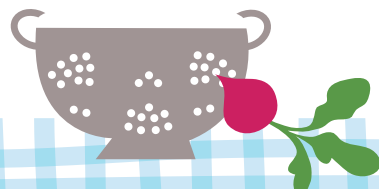


Conclusion (10 mins)

Selected students present their work to the class. Students can be given the opportunity to develop a final copy of the letter.

Note: the letters, or selected letters, can be sent to the intended recipients. Alternatively, a class letter could be developed and sent to the local newspaper or local politicians.

Get Loud for Fruit & Veg activity continued >



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Assessment

- For:** Student contribution to group discussions.
- As:** Student identifies reasons why people might not be eating enough fruit and vegetables. Student identifies solutions for change.
- Of:** Quality of student persuasive text.

Differentiation

- Extend:** Students work on task individually.
- Simplify:** Students undertake task with assistance. Students work in pairs to develop a letter draft. Students complete a lower stage activity.

School/Home Link

Students can write a letter to their family, identifying ways they can eat more fruit and vegetables.

