**School Newsletter Snippets**

Include this snippet in your school newsletter, on your website, or in your social media posts to inform parents about the Fruit & Veg Month family challenge.

Don’t forget to include the event logo if you need an image. A downloadable copy can be found via Fruit & Veg Month webpage - [www.fruitandvegmonth.com.au](http://www.fruitandvegmonth.com.au)

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**Fruit & Veg Month 2018 – ‘Happy Fruit & Veg’tember!’ Family Challenge**

As part of Fruit & Veg Month, Healthy Kids Association has partnered with Harvey Norman, Foost, and Harris Farm Markets for this year’s family challenge.

Only 1 in 20 Aussie children (and adults!) are eating enough fruit and vegetables. So, this Fruit & Veg Month, we challenge families to get adventurous! Include a new fruit and vegetable each week over the month of September and let us know how you went.

There are three prize packs to be won. Each pack is valued at over $350 RRP and includes a Breville Searing Slow Cooker, Foost healthy shopping pack (including a trolley bag, reusable shopping bags, meal planner and shopping planner) and Harris Farm Markets vouchers.

Go to the Fruit & Veg Month webpage ([www.fruitandvegmonth.com.au)](http://www.fruitandvegmonth.com.au)) and click on the link to the Happy Fruit & Veg’tember Family Challenge webpage for more information and entry details.

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