



Healthy Kids Memory Card Game

Number of players: 2 or more

Instructions:

1. Cut out the cards by cutting along the dotted lines.
2. Shuffle the cards, then lay them face down in rows.
3. Each player takes turns turning over any two cards (one at a time). If the cards match, the player keeps them and takes another turn.
4. When a player turns over two cards that don't match, the player turns them back over and it is the next player's turn.
5. The trick is to remember what is on each card and where it is!
6. The game is over when all of the cards have been matched. The person with the most pairs of cards wins the game.









