

# Secondary School High-Proportion Packaged Items



## ABOUT THIS MENU

This menu has been designed to suit a secondary school with a high reliance on packaged food as it:

- Contains roughly 80% packaged foods and drinks and less canteen made foods and drinks
- Has items that appeal more to secondary school-aged students

## EQUIPMENT NEEDED FOR THIS MENU

- Toaster
- Fridge
- Freezer
- Microwave
- Oven
- Stovetop
- Pie warmer
- Kettle

## MENU TIPS

1. The use of packaged food can be a great way to reduce food waste in the canteen. Always ensure you use old stock first to prevent unnecessary loss from products going out of date. Set up a system where you always put the oldest items at the front (fridge/freezer/pantry) and use these first.
2. Putting new items on the menu can be costly if they don't sell, especially if suppliers require minimum orders. Consider having a taste-testing day and handing out free or low-cost samples to students in return for their feedback - ask about all aspects of the product including taste, serving size and price.
3. Take advantage of upcoming holidays and special occasions to create themed promotions for Everyday items. For example, dim sum on Chinese New Year or a baguette special on Bastille Day (14<sup>th</sup> July).

Calculating the % of Everyday items on this menu (Wednesday):	
<b>Total</b>	40
<b>Everyday</b>	32
<b>Everyday ÷ Total x 100</b>	$(32 \div 40) \times 100$
<b>% of Everyday items</b>	80%

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Calculating the % of Everyday items on this menu (Monday, Tuesday, Thursday, Friday):	
<b>Total</b>	37
<b>Everyday</b>	29
<b>Everyday ÷ Total x 100</b>	$(29 \div 37) \times 100$
<b>% of Everyday items</b>	78%

For canteens that have different menus on different days of the week, each day is counted separately and all days should have at least 3/4 Everyday food and drinks.

Click [HERE](#) to download the Secondary School High-Proportion Packaged Items example menu (print version)

Click [HERE](#) to download a menu template (editable PDF version)