**School Newsletter Snippet (post-event)**

Include this snippet in your school newsletter, on your website, or in your social media posts to inform parents about what happened during Vegetable Week & The Big Vegie Crunch at your school.

* Use Snippet 1 if you crunched on Thursday 31 March at 10 am.
* Use Snippet 2 if you crunched at another time.

Don’t forget to include the event logo if you need an image. A downloadable copy can be found on The Vegetable Week & The Big Vegie Crunch resource webpage (<https://healthy-kids.com.au/teachers/vegetable-week-the-big-vegie-crunch/resources/>).

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***School Newsletter Snippet 1***

**What a Big Vegie Crunch!**

On Thursday 31 March at 10am, our school participated in The Big Vegie Crunch as part of Vegetable Week.

Thank you for packing vegetables for your child/ren to crunch on for the event.

We joined around 450 other schools across NSW trying to break the record for the most children eating vegetables simultaneously.

The final numbers are still being tallied but it looks like close to 100,000 students crunched together and a further 5,000 students crunched over Vegetable Week.

That was a lot of vegetable eating! Keep practicing at home by eating more veg every day and we can try again next year.

Need ideas to help your family eat more vegies? Then check out the [Up the Veg at Home](https://healthy-kids.com.au/up-the-veg-at-home-activity-ideas/) resource.

{insert details} Vegetable Week School Coordinator

***School Newsletter Snippet 2***

**What a Big Vegie Crunch!**

On **(insert day/date/time),** our school participated in The Big Vegie Crunch as part of Vegetable Week

Thank you for packing vegetables for your child/ren to crunch on for the event.

We joined around 450 other schools across NSW trying to break the record for the most children eating vegetables.

The final numbers are still being tallied but it looks like close to 100,000 students crunched together and a further 5,000 students crunched over Vegetable Week.

That was a lot of vegetable eating! Keep practicing at home by eating more veg every day and we can try again next year.

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{insert details} Vegetable Week School Coordinator