



School Canteen Buyers' Guide 2023

A list of Healthy
Kids Registered
Products in:

**ACT, NT, Qld,
SA and Vic**



The easy way
TO BUILD YOUR MENU



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School Canteen Guidelines and Policies

In Australia, each state and territory has a nutrition policy and/or guidelines that outline the criteria for products sold in the school canteen. Policies and guidelines relevant to this resource include:

AUSTRALIAN CAPITAL TERRITORY

National Healthy School Canteen Guidelines

NORTHERN TERRITORY

School Nutrition and Healthy Eating Policy and Guidelines

QUEENSLAND

Smart Choices Healthy Food and Drink Supply Strategy

SOUTH AUSTRALIA

Right Bite Healthy Food and Drink Supply Strategy

VICTORIA

School Canteens and Other School Food Services Policy

For more information on the various school canteen guidelines and policies, visit healthy-kids.com.au/school-canteens/canteen-guidelines/



The Traffic Light System

Each of the states and territories listed above uses a Traffic Light System to classify foods and drinks as **GREEN**, **AMBER** or **RED** based on their nutritional value.

Note: In Victoria, GREEN products are referred to as "Everyday", AMBER as "Select Carefully" and RED as "Occasionally".



GREEN foods and drinks are the best choices for the school canteen and should therefore be encouraged and promoted. They contain a wide range of nutrients and are generally lower in saturated fat, sodium (salt), and/or sugar. **GREEN** foods and drinks fall into the five food groups and should make up the majority of the menu.



AMBER foods and drinks contain some nutritional value, but generally contain higher amounts of saturated fat, sodium (salt) and/or sugar. Consumption of **AMBER** items in large amounts can result in excess energy (kilojoule) intake and should therefore be provided in smaller serve sizes and should not dominate your menu.



RED foods and drinks lack adequate nutritional value and are typically high in energy (kilojoules), saturated fat, sodium (salt) and/or sugar. They are not essential for a healthy diet and therefore should not be on the canteen menu.



Healthy Kids Association is dedicated to empowering children and their families with knowledge about nutrition and healthy eating to make the best decisions for their health – now and for a healthy future.

We achieve impact by focusing on where children are learning about health and where they are making decisions about food and nutrition. This includes at the canteen, at school, and at home.

For canteens, we provide information, support and advice to ensure canteens are able to offer and promote high quality and nutritious choices to school students to fuel healthy bodies and minds.

For schools, we focus on supporting the creation of a healthy learning environment, with high quality information, resources, programs and advice designed to help schools deliver messages around nutrition. We make sure these messages get home through communication with parents and empower children to make changes in their own lives.

Our membership program is an integral part of delivering this support through canteens, schools and families.

We also drive change that will directly impact children and families by working with the Government, food industry and other health promotion organisations to promote our core mission and messages. We pride ourselves on working hand in hand with our partners to grow our impact.

While our key focus is on children and families in NSW and the ACT, Healthy Kids Association also works nationally to promote nutrition and healthy eating through our partnerships, particularly with the food industry.

**Get in touch with our team anytime:
(02) 9876 1300, or email info@healthy-kids.com.au**

Our mission:

Influence industry and government, support healthy learning environments, educate kids and families, inspire communities and create healthy habits for life.



Is your school experiencing the benefits?

As a member of Healthy Kids Association, your school and canteen will have access to all the right advice and guidance to help you create a healthy learning environment for your students.

What's included in membership:

Access to Healthy Kids Online. This huge online resource centre includes:

- Everything you need for running a successful canteen in line with your state/territory canteen guidelines
- Kid friendly recipes
- Healthy and fun activities for kids
- Classroom resources for teachers
- Information for parents

**Schools can
SAVE with a 3 year
membership!**

PLUS

- Free tickets to the Healthy Kids Expo 2023 (NSW/ACT only)
- Receive two Healthy Kids Members Magazines per year
- A membership certificate for display
- Access to Accredited Practising Dietitians, Nutritionists and Health Promotion Officers via our advice line
- Free advertising for all canteen positions vacant across Healthy Kids web and social media platforms
- Regular emails packed with the latest news, advice, videos, recipes, programs, webinars, events and offers
- Access to exclusive partner offers including: Sign up to use Spriggy Schools for online ordering and have your first term of transaction fees completely waived, instantly saving you hundreds of dollars! (There are no deadlines, lock-in contracts or setup costs). Visit spriggyschools.com.au to find out more.

Further Information – please contact us:

Phone: 02 9876 1300

Email: members@healthy-kids.com.au



COLD FOODS

Breads and Alternatives – Breads/Rolls

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Bakers Maison Australia NAT 02 8707 7777 info@bakersmaison.com.au www.bakersmaison.com.au		Baguette Demi White	48 x 140g	11153A	●	●	●	●	●
		Hot Dog Milk Bun Roll	60 x 95g	14930	●	●	●	●	●
		Medium Turkish Round Roll	60 x 125g	11850	●	●	●	●	●
		Milk Bun	80 x 80g	14932	●	●	●	●	●
George Weston Foods Limited T/A Tip Top Foodservice NAT 1800 086 926 www.tiptop-foodservice.com.au		Abbott's Bakery - Country Grains	800g	911	●	●	●	●	●
		Abbott's Bakery - Dark Rye	700g	921	●	●	●	●	●
		Abbott's Bakery - Farmhouse Wholemeal	750g	865	●	●	●	●	●
		Abbott's Bakery - Gluten Free Mixed Seeds	500g	733	●	●	●	●	●
		Abbott's Bakery - Gluten Free Mixed Seeds (Frozen Carton)	6 x 500g	9111	●	●	●	●	●
		Abbott's Bakery - Gluten Free Sourdough Grains & Seeds	500g	799	●	●	●	●	●
		Abbott's Bakery - Gluten Free Soy & Linseed	500g	732	●	●	●	●	●
		Abbott's Bakery - Gluten Free Soy & Linseed (Frozen Carton)	6 x 500g	9109	●	●	●	●	●
		Abbott's Bakery - Gluten Free Wholemeal	500g	797	●	●	●	●	●
		Abbott's Bakery - Harvest Seeds & Grains	750g	872	●	●	●	●	●
		Abbott's Bakery - Light Rye	680g	866	●	●	●	●	●
		Abbott's Bakery - Rustic White	700g	910	●	●	●	●	●
		Abbott's Bakery - Sourdough Grains & Seeds	760g	924	●	●	●	●	●
		Abbott's Bakery - Sourdough Rye	760g	925	●	●	●	●	●
		Tip Top - English Muffins - 6 pack	400g	4150	●	●	●	●	●
		Tip Top - English Muffins (Frozen Carton)	6 x 400g	9328	●	●	●	●	●
		Tip Top - Hamburger Buns - 6 pack	6 x 87g	2478	●	●	●	●	●
		Tip Top - Hamburger Buns (Frozen Carton)	72 x 87g	9772	●	●	●	●	●
		Tip Top - Hot Dog Rolls - 6 pack	6 x 75g	2476	●	●	●	●	●
		Tip Top - Hot Dog Rolls (Frozen Carton)	54 x 85g	9611	●	●	●	●	●
		Tip Top - Multigrain Sandwich (Frozen Carton)	6 x 700g	9325	●	●	●	●	●
		Tip Top - White Sandwich (Frozen Carton)	6 x 700g	9323	●	●	●	●	●
		Tip Top - Wholemeal Sandwich (Frozen Carton)	6 x 700g	9324	●	●	●	●	●
		Tip Top 9 Grain - Original	700g	357	●	●	●	●	●
		Tip Top 9 Grain - Wholemeal	750g	359	●	●	●	●	●
		Tip Top Sandwich Thins - Lightly Seeded 6 pack	240g	702	●	●	●	●	●
		Tip Top Sandwich Thins - Original 6 pack	240g	700	●	●	●	●	●
		Tip Top Sandwich Thins - Wholemeal 6 pack	240g	701	●	●	●	●	●
		Tip Top Sunblest - Soft Multigrain Sandwich	650g	162	●	●	●	●	●

Breads and Alternatives – Breads/Rolls (continued)

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
George Weston Foods Limited T/A Tip Top Foodservice NAT 1800 086 926 www.tiptop-foodservice.com.au		Tip Top Sunblest - Soft White Sandwich	650g	227	●	●	●	●	●
		Tip Top Sunblest - Soft Wholemeal Sandwich	650g	154	●	●	●	●	●
		Tip Top The One - Soft White Sandwich	700g	486	●	●	●	●	●
		Tip Top The One - White Toast	700g	487	●	●	●	●	●
		Tip Top The One - Wholemeal Sandwich	700g	507	●	●	●	●	●

Cheese

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Lactalis Australia NAT 1800 000 257 ACT 02 9364 1000 NT 08 8980 2222 QLD 07 3840 0100 SA 08 8292 7777 VIC 03 9213 8131 sales@au.lactalis.com www.lactalis.com.au		Galbani Mozzarella Cheese Shredded	2kg	163900	●	●	●	●	●
	NEW	Galbani Pizza Blend Shredded	2kg	107340	●	●	●	●	●
		Président Tasty Cheese Shredded	2kg	163700	●	●	●	●	●
		Président Tasty Cheese Sliced	1.5kg	166900	●	●	●	●	●

Legumes

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Simplot Australia NAT 1800 061 279 ACT 02 9741 2800 NT 08 8422 2000 QLD 07 3902 7000 SA 08 8422 2000 VIC 03 9588 3200 foodservice.query@simplot.com.au www.simplotfoodservice.com.au		Edgell Canned Black Beans	10 x 400g	10865	●	●	●	●	●
		Edgell Canned Black Beans	3 x 3.05kg	12463	●	●	●	●	●
		Edgell Canned Chick Peas	10 x 400g	42670	●	●	●	●	●
		Edgell Canned Chick Peas	3 x 3.05kg	11375	●	●	●	●	●
		Edgell Canned Four Bean Mix	3 x 3.05kg	11376	●	●	●	●	●
		Edgell Canned Four Bean Mix, No Added Salt	10 x 400g	11838	●	●	●	●	●
		Edgell Canned Mexican Mix (Black Beans, Pinto Beans, Red Kidney Beans)	3 x 3.05kg	12464	●	●	●	●	●
		Edgell Canned Red Kidney Beans	10 x 400g	11653	●	●	●	●	●
		Edgell Canned Red Kidney Beans	3 x 3.05kg	11377	●	●	●	●	●
	NEW	Edgell Snacktime Black Beans & Charred Corn with Lime and Herbs	70g	12810	●	●	●	●	●
	NEW	Edgell Snacktime Chickpeas with Zesty Vinaigrette	70g	12572	●	●	●	●	●

Meat Products and Alternatives – Not Crumbed

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
M & J Chickens Pty Ltd NAT 1300 262 635 info@mandjchickens.com.au www.mandjchickens.com.au		Chargrilled Breast Fillet	15 x 180g	CCGB120	●	●	●	●	●
		Chargrilled Breast Half Cut	15 x 120g	CCGB120C	●	●	●	●	●

Meat Products and Alternatives – Processed Luncheon Meats

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Ingham's NAT 1300 464 426 NT 08 8280 6666 QLD 1300 464 426 SA 08 8280 6666 VIC 03 5971 3200 www.ingham.com.au		Diced Roasted Chicken Meat - Gluten Free	1kg	0009810	●	●	●	●	●
		Healthy Select Turkey	2kg	7750300	●	●	●	●	●
		Red Gum Smoked Turkey Breast Roll	2.2kg	7904100	●	●	●	●	●
		Roasted Chicken Meat - Short Sliced, Gluten Free	1kg	0009811	●	●	●	●	●
Steggles NAT 1300 137 372 ACT 02 9842 1111 NT 08 8260 7766 QLD 07 3817 1220 SA 08 8260 7766 VIC 03 9368 9000 info@baiada.com.au www.steggles.com.au		Oven Roasted Diced Chicken	6 x 1kg	55975	●	●	●	●	●
		Oven Roasted Sliced Chicken	6 x 1kg	55974	●	●	●	●	●

Vegetables – Canned and Frozen

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Simplot Australia NAT 1800 061 279 ACT 02 9741 2800 NT 08 8422 2000 QLD 07 3902 7000 SA 08 8422 2000 VIC 03 9588 3200 foodservice.query@simplot.com.au www.simplotfoodservice.com.au		Edgell Canned Corn Kernels	15 x 420g	42663	●	●	●	●	●
		Edgell Canned Creamed Corn	15 x 420g	42662	●	●	●	●	●
		Edgell Canned Diced Beetroot	3 x 3kg	10137	●	●	●	●	●
		Edgell Canned Sliced Beetroot	3 x 3kg	10132	●	●	●	●	●
		Edgell Frozen Broccoli Florets	6 x 1.5kg	42096	●	●	●	●	●
		Edgell Frozen Carrot Rings	6 x 2kg	40207	●	●	●	●	●
		Edgell Frozen Cauliflower Florets	6 x 2kg	40230	●	●	●	●	●
		Edgell Frozen Chopped Onion	6 x 2kg	40273	●	●	●	●	●
		Edgell Frozen Corn Kernels	6 x 2kg	40242	●	●	●	●	●
		Edgell Frozen Cross Cut Beans	6 x 2kg	40107	●	●	●	●	●
		Edgell Frozen Diced Carrot	6 x 2kg	40210	●	●	●	●	●
		Edgell Frozen Mixed Vegetables	6 x 2kg	40259	●	●	●	●	●
		Edgell Frozen Peas	6 x 2kg	40009	●	●	●	●	●
		Edgell Frozen Whole Baby Beans	6 x 2kg	40074	●	●	●	●	●

THE SNACK SERIES

Quiche with a healthy twist! Check out our **Toasty Frittata Cups**, where we've swapped the pastry for wholemeal bread, to help students get those grains in.

healthy-kids.com.au/recipes/toasty-frittata-cups



Steggles



Steggles@School

HEALTHY KIDS REGISTERED PRODUCTS



Tempura Chicken Pops

Piece Size : 5 -7g
Packaging : 6 x 1kg



Tempura Chicken Dino Snacks

Piece Size : 20g
Packaging : 6 x 1kg



Tempura Chicken Crackles

Piece Size : 20g
Packaging : 6 x 1kg



Crumbed Chicken Burger

Piece Size : 84g
Packaging : 6 x 1kg



Chicken Breast Goujons

Piece Size : 20g
Packaging : 6 x 1kg



Sweet Chilli Chicken Tenders

Piece Size : 63g
Packaging : 6 x 1kg



Chicken Breast Wedges

Piece Size : 32g
Packaging : 6 x 1kg



Oven Roasted Diced Chicken

Piece Size : Free Flow
Packaging : 6 x 1kg



Premium Chicken Breast Nuggets

Piece Size : 23g
Packaging : 6 x 1kg



Oven Roasted Sliced Chicken

Piece Size : Free Flow
Packaging : 6 x 1kg



Tempura Chicken Breast Nuggets

Piece Size : 20g
Packaging : 6 x 1kg



Classic Crumb Chicken Tenders

Piece Size : 63g
Packaging : 6 x 1kg



We're Steggles for quality *time*

www.steggles.com.au

1300 137 372

HOT FOODS

Baked Beans and Spaghetti

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Kraft Heinz NAT 1800 788 879 foodserviceau@kraftheinz.com www.kraftheinzfoodservice.com.au	NEW	Heinz Beanz Baked Beans in Tomato Sauce	3 x 2.95kg	00737	●	●	●	●	●
	NEW	Heinz Spaghetti in Tomato Sauce & Cheese	3 x 2.95kg	00742	●	●	●	●	●

Meat Products and Alternatives – Crumbed and Not Crumbed

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
M & J Chickens Pty Ltd NAT 1300 262 635 info@mandjchickens.com.au www.mandjchickens.com.au		Cooked Chicken Breast Schnitzel	5kg	MJCBS160	●	●	●	●	●
Nestlé Professional NAT 1800 20 30 50 CustomerService.NestleProfessional@au.nestle.com www.nestleprofessional.com.au		HARVEST GOURMET Sensational Burger	2 x 2kg	12451219	●	●	●	●	●
		HARVEST GOURMET Sensational Ground Mince	6 x (2 x 500g)	12481580	●	●	●	●	●
		HARVEST GOURMET Vegetarian Chargrilled Pieces	2 x 2kg	12451205	●	●	●	●	●
Patties Foods Pty Ltd NAT 1800 650 069 info@patties.com.au www.pattiesfoods.com.au	NEW	Leader - Falafel Bites	1kg	1100009	●	●	●	●	●
	NEW	Leader - Fish Cakes	32 x 100g	1100008	●	●	●	●	●
Simplot Australia NAT 1800 061 279 ACT 02 9741 2800 NT 08 8422 2000 QLD 07 3902 7000 SA 08 8422 2000 VIC 03 9588 3200 foodservice.query@simplot.com.au www.simplotfoodservice.com.au		Captain's Catch Crumbed Fish - 24 x 110g / 24 x 140g	N/A	NA	●	●	●	●	●
		Captain's Catch Crumbed Whiting	24 x 110g	12335	●	●	●	●	●
		I&J Crispy Battered Hoki Fillets - 60 x 50g / 22 x 140g	N/A	N/A	●	●	●	●	●
		I&J South American Crispy Battered Flathead Fillets	60 x 50g	45631	●	●	●	●	●
Steggles NAT 1300 137 372 ACT 02 9842 1111 NT 08 8260 7766 QLD 07 3817 1220 SA 08 8260 7766 VIC 03 9368 9000 info@baiada.com.au www.steggles.com.au		Chicken Breast Goujons	6 x 1kg	56362	●	●	●	●	●
		Chicken Breast Wedges	6 x 1kg	56281	●	●	●	●	●
		Classic Crumb Chicken Tenders	6 x 1kg	54124	●	●	●	●	●
		Crumbed Chicken Burger	6 x 1kg	56613	●	●	●	●	●
		Premium Chicken Breast Nuggets	6 x 1kg	56282	●	●	●	●	●
		Sweet Chilli Chicken Tenders	6 x 1kg	56411	●	●	●	●	●
		Tempura Chicken Breast Nuggets	6 x 1kg	56280	●	●	●	●	●
		Tempura Chicken Crackles	6 x 1kg	54292	●	●	●	●	●
		Tempura Chicken Dino Snacks	6 x 1kg	56754	●	●	●	●	●
		Tempura Chicken Pops	6 x 1kg	54293	●	●	●	●	●

Oven-baked Potato Products

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Simplot Australia NAT 1800 061 279 ACT 02 9741 2800 NT 08 8422 2000 QLD 07 3902 7000 SA 08 8422 2000 VIC 03 9588 3200 foodservice.query@simplot.com.au www.simplotfoodservice.com.au		Edgell Choice 10x13mm Chips	4 x 3.5kg	43084	●	●	●	●	●
		Edgell Hashbrown Triangles	6 x 2kg	40270	●	●	●	●	●
		Edgell Oval Hashbrowns	6 x 2kg	45199	●	●	●	●	●
		Edgell Supa Crunch Ultrafast Chips	6 x 2kg	40729	●	●	●	●	●

Pasta – Plain

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
San Remo NAT 08 8334 8200 ACT 02 9757 7800 NT 08 8334 8200 QLD 07 3278 8673 SA 08 8334 8200 VIC 03 9794 1761 orders@sanremo.com.au www.sanremo.com.au		San Remo Penne #18	5kg	01001805	●	●	●	●	●
		San Remo Spaghetti #5	5kg	01000505	●	●	●	●	●
		San Remo Wholemeal Spirals #131	5kg	01013105	●	●	●	●	●

Pizza-style Products

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Ingham's NAT 1300 464 426 NT 08 8280 6666 QLD 1300 464 426 SA 08 8280 6666 VIC 03 5971 3200 www.ingham.com.au		Roundas Pizza	130g	0009410	●	●	●	●	●
		Pizza Wrap - BBQ Chicken	170g	BBQ	●	●	●	●	●
Oz Bake Pty Ltd NAT 1300 692 253 info@ozbake.com.au www.ozbake.com.au		Pizza Wrap - Cheese	160g	CHEESE	●	●	●	●	●
		Pizza Wrap - Hawaiian	170g	HAWAIIAN	●	●	●	●	●
		Pizza Wrap - Meat (Lamb)	160g	MEAT	●	●	●	●	●
		Pizza Wrap - Meat & Cheese	170g	MC	●	●	●	●	●
		Pizza Wrap - Vegetarian	160g	VEG	●	●	●	●	●

THE SNACK SERIES

Mac & cheese? Always a crowd pleaser. **Mac & Cheese Muffins?**
The crowd will go wild!

healthy-kids.com.au/recipes/mac-cheese-muffins





**A range of healthier options
perfect for schools.**

- REDUCED SALT CONTENT*
- REDUCED FAT CONTENT*




* Salt and Fat content is reduced by at least 25% v's standard Mrs Mac's equivalent products.



**CHECK OUT THE
WHAT'S
NEW PAGE**

on the Healthy Kids website for additional
foods and drinks that are registered in the
Healthy Kids Product Registration Scheme
throughout the year!

healthy-kids.com.au/what-is-the-food-industry/whats-new/




For information about Food Service head to sanremo.com.au/food-services/

   @SanRemoPasta 5kg San Remo Spaghetti #5 - PRODUCT CODE: 01000505



Ready-to-eat Meals

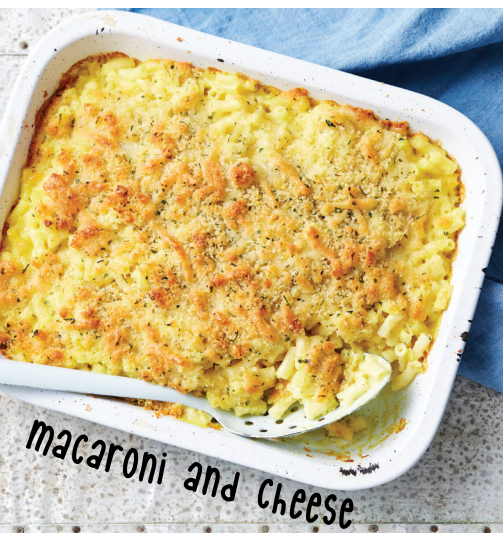
Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Good Food Hero NAT 1300 934 456 customerservice@goodfoodhero.com.au www.goodfoodhero.com.au		Beef Bolognese - Catering	10 x 1kg	G20005	●	●	●	●	●
		Beef Korma - Catering	10 x 1kg	G20000	●	●	●	●	●
		Beef Korma with Basmati Rice	220g	G10040	●	●	●	●	●
		Beef Nacho Mince - Catering	10 x 1kg	G20007	●	●	●	●	●
		Bolognese Pasta Bake	220g	G10052	●	●	●	●	●
		Bolognese Pasta Bake	320g	G10053	●	●	●	●	●
		Butter Chicken - Catering	10 x 1kg	G20009	●	●	●	●	●
		Butter Chicken with Rice	220g	G10054	●	●	●	●	●
		Butter Chicken with Rice	320g	G10056	●	●	●	●	●
		Cheesy Vegetable Pasta Bake	220g	G10198	●	●	●	●	●
		Coconut Chicken Thai Curry - Catering	10 x 1kg	G20022	●	●	●	●	●
		Coconut Chicken Thai Curry with Jasmine Rice	220g	G10116	●	●	●	●	●
		Coconut Chicken Thai Curry with Jasmine Rice	320g	G10117	●	●	●	●	●
		Indian Spiced Potato & Cauliflower Curry with Pulao Rice	220g	G10196	●	●	●	●	●
		Macaroni and Cheese - Catering	3 x 2kg	G20070	●	●	●	●	●
		Macaroni Cheese	220g	G10194	●	●	●	●	●
		Roasted Eggplant Curry with Lemon Rice	220g	G10199	●	●	●	●	●
		Split Pea & Lentil Dhal	10 x 1kg	G20045	●	●	●	●	●
		Split Pea & Lentil Dhal with Basmati Rice	220g	G10232	●	●	●	●	●
		Thai Fried Rice with Chicken	220g	G10243	●	●	●	●	●
M & J Chickens Pty Ltd NAT 1300 262 635 info@mandjchickens.com.au www.mandjchickens.com.au		Butter Chicken	2kg	GOLDBUT	●	●	●	●	●
Vesco Foods NAT 08 9273 6100 generalenquiries@vescofoods.com.au www.enricos.com.au		Enrico's Beef Lasagne	220g	71678	●	●	●	●	●
		Enrico's Chicken Fried Rice	200g	71672	●	●	●	●	●
		Enrico's Honey Soy Chicken	200g	71671	●	●	●	●	●
		Enrico's Macaroni Cheese Pasta	200g	71688	●	●	●	●	●
		Enrico's Spaghetti & Meatballs	200g	71675	●	●	●	●	●
		Enrico's Twista Pasta Bolognese	200g	71677	●	●	●	●	●



FREE Food Safety Training

Members of Healthy Kids can access FREE online food safety training specific to the school canteen.

Call us on 02 9876 1300 or email info@healthy-kids.com.au to find out more.



WE'RE ALL ABOUT DELICIOUS, NOURISHING, HOME-STYLE MEALS AND SNACKS DELIVERED TO YOUR SCHOOL CANTEEN.

Savoury Pastries

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Balfours Bakery NAT 08 8368 5300 ACT 02 9757 7800 NT 08 8334 8200 QLD 07 3278 8673 SA 08 8334 8200 VIC 03 9794 1761 orders@balfours.com.au www.balfours.com.au		Balfours Better Bite Beef Pie	24 x 180g	5901	●	●	●	●	●
		Balfours Better Bite Pasty	12 x 140g	5909	●	●	●	●	●
		Balfours Better Bite Pizza Pie	24 x 180g	5904	●	●	●	●	●
		Balfours Better Bite Potato Pie	24 x 180g	5900	●	●	●	●	●
		Balfours Better Bite Sausage Roll	20 x 120g	07008	●	●	●	●	●
Earlyrise Baking Co NAT 02 6884 6878 sales@earlyrisebaking.com.au www.earlyrisebaking.com.au		Village Lifestyle Chicken & Vegetable Pie	18 x 160g	2644	●	●	●	●	●
		Village Lifestyle Party Pie - Beef	72 x 60g	2629	●	●	●	●	●
		Village Lifestyle Party Sausage Roll - Beef	96 x 55g	2631	●	●	●	●	●
		Village Lifestyle Pie - Beef	24 x 200g	2625	●	●	●	●	●
		Village Lifestyle Pie - Beef	28 x 160g	2640	●	●	●	●	●
		Village Lifestyle Sausage Roll - Beef	36 x 120g	2624	●	●	●	●	●
		Village Lifestyle Snack Pie - Beef	32 x 85g	2620	●	●	●	●	●
		Village Lifestyle Steak & Potato Pie	12 x 200g	2645	●	●	●	●	●
Mrs Mac's NAT 08 9442 5222 www.mrsmacs.com.au		Lite'n Up Beef Pie	175g	13701	●	●	●	●	●
		Lite'n Up Sausage Roll	120g	43701	●	●	●	●	●
Patties Foods Pty Ltd NAT 1800 650 069 info@patties.com.au www.pattiesfoods.com.au		Four'N Twenty - Beef Traveller Pie	160g	1000520	●	●	●	●	●
		Four'N Twenty - Lite Meat Pie	175g	1001211	●	●	●	●	●
		Four'N Twenty - Traveller Hi-Protein Beef	160g	1100610	●	●	●	●	●
		Patties - Chickpea, Spinach & Caramelised Onion Rolls	38g	1004396	●	●	●	●	●
		Patties - Lite Party Pies, Beef	42g	1003951	●	●	●	●	●

Soups

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Kraft Heinz NAT 1800 788 879 foodserviceau@kraftheinz.com www.kraftheinzfoodservice.com.au	NEW	Heinz Minestrone Soup	36 x 180g	03295	●	●	●	●	●

Vegetables – Mashed

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Nestlé Professional NAT 1800 20 30 50 CustomerService.NestleProfessional@au.nestle.com www.nestleprofessional.com.au		MAGGI Gluten Free Mashed Potato Instant Mix 4kg / 7kg	N/A	N/A	●	●	●	●	●
		MAGGI Gluten Free Natural Mashed Potato Instant Mix	2kg	12314698	●	●	●	●	●
Unilever Australia Limited NAT 1800 622 039 www.ufs.com	NEW	KNORR Instant Mashed Potato Mix GF	7kg	61037310	●	●	●	●	●
	NEW	KNORR Potato Flakes GF	4kg	67553127	●	●	●	●	●
	NEW	KNORR Sweet Potato Mash Mix GF	4kg	20233086	●	●	●	●	●

SNACKS

Breads and Alternatives – Pikelets and Pancakes

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
George Weston Foods Limited T/A Tip Top Foodservice NAT 1800 086 926 www.tiptop-foodservice.com.au		Golden Pancakes - 5 pack (Frozen Carton)	5 x 360g	9066	●	●	●	●	●
		Golden Pikelets - 8 pack	200g	4603	●	●	●	●	●

Breads and Alternatives – Raisin and Fruit Breads

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
George Weston Foods Limited T/A Tip Top Foodservice NAT 1800 086 926 www.tiptop-foodservice.com.au		Tip Top - Cafe Raisin Toast Thick	650g	436	●	●	●	●	●
		Tip Top - Raisin Toast	520g	435	●	●	●	●	●
		Tip Top - Super Thick Raisin Toast (Frozen Carton)	6 x 650g	9327	●	●	●	●	●

Breakfast Cereals

QLD: GREEN when served with reduced-fat milk

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Nestlé Professional NAT 1800 20 30 50 CustomerService.NestleProfessional@au.nestle.com www.nestleprofessional.com.au		MILO Breakfast Cereal 350g / 700g	N/A	N/A	●	●	●	●	●
		MILO Duo Cereal 340g / 660g	N/A	N/A	●	●	●	●	●
		MILO Protein Breakfast Cereal	600g	12467939	●	●	●	●	●
		MORNING SUN Natural Style Muesli 97% Fat Free Fruit Muesli	650g	12352622	●	●	●	●	●
		MORNING SUN Natural Style Muesli Apricot & Almond	650g	12352624	●	●	●	●	●
		NESQUIK Breakfast Cereal	650g	12050429	●	●	●	●	●
		UNCLE TOBYS Cheerios Honey	570g	12209470	●	●	●	●	●
	NEW	UNCLE TOBYS Cheerios Low Sugar Vanilla	510g	12502712	●	●	●	●	●
		UNCLE TOBYS Cheerios Original 4 Wholegrain 320g / 580g	N/A	N/A	●	●	●	●	●
		UNCLE TOBYS Fruity Bites Wildberry	500g	12094797	●	●	●	●	●
		UNCLE TOBYS Natural Style Swiss Muesli	1kg	12048359	●	●	●	●	●
		UNCLE TOBYS Oat Flakes	640g	12094781	●	●	●	●	●
		UNCLE TOBYS Oats Ancient Grains	700g	12300656	●	●	●	●	●
		UNCLE TOBYS Oats Quick 500g / 1kg	N/A	N/A	●	●	●	●	●
		UNCLE TOBYS Oats Quick Cups Creamy Honey	12 x 50g	12200813	●	●	●	●	●
		UNCLE TOBYS Oats Quick Sachets Apple Cinnamon	10 x 35g	12463036	●	●	●	●	●
		UNCLE TOBYS Oats Quick Sachets Berry Variety Pack	10 x 35g	12462998	●	●	●	●	●
		UNCLE TOBYS Oats Quick Sachets Big Bowl Banana & Honey	8 x 46g	12463038	●	●	●	●	●
		UNCLE TOBYS Oats Quick Sachets Big Bowl Creamy Honey	8 x 46g	12463013	●	●	●	●	●

Breakfast Cereals (continued)

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Nestlé Professional NAT 1800 20 30 50 CustomerService.NestleProfessional@au.nestle.com www.nestleprofessional.com.au		UNCLE TOBYS Oats Quick Sachets Big Bowl Original	8 x 46g	12463047	●	●	●	●	●
		UNCLE TOBYS Oats Quick Sachets Brown Sugar & Cinnamon	10 x 35g	12463016	●	●	●	●	●
		UNCLE TOBYS Oats Quick Sachets Classics Variety Pack	10 x 35g	12462999	●	●	●	●	●
		UNCLE TOBYS Oats Quick Sachets Creamy Honey 10 x 35g / 20 x 35g	N/A	N/A	●	●	●	●	●
		UNCLE TOBYS Oats Quick Sachets Creamy Vanilla	10 x 35g	12463022	●	●	●	●	●
		UNCLE TOBYS Oats Quick Sachets Fruit Variety Pack	10 x 35g	12463017	●	●	●	●	●
		UNCLE TOBYS Oats Quick Sachets High Fibre	8 x 40g	12463046	●	●	●	●	●
		UNCLE TOBYS Oats Quick Sachets Original	10 x 34g	12200383	●	●	●	●	●
		UNCLE TOBYS Oats Traditional 500g / 1kg	N/A	N/A	●	●	●	●	●
		UNCLE TOBYS Shredded Wheat	270g	12359711	●	●	●	●	●
		UNCLE TOBYS Vita Brits 375g / 1kg	N/A	N/A	●	●	●	●	●
		UNCLE TOBYS Vita Weeties Original	700g	12464086	●	●	●	●	●
Sanitarium The Health Food Company NAT 02 4348 7777 CustomerRelations@sanitarium.com.au www.sanitarium.com.au		Weet-Bix - Original 31g / 375g / 575g / 1.12kg / 1.2kg	N/A	N/A	●	●	●	●	●
		Weet-Bix Bites - Crunch Honey	510g	80130	●	●	●	●	●
		Weet-Bix Bites - Wild Berry	500g	80128	●	●	●	●	●
		Weet-Bix Gluten Free - Original	375g	80487	●	●	●	●	●

Breakfast Cereal Snacks

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Good Food Partners NAT 03 9765 2100 ACT 1800 569 366 NT 1800 569 366 QLD 1800 569 366 SA 1800 569 366 VIC 1800 569 366 www.goodfoodpartners.com.au	NEW	Messy Monkeys Lunchbox Loops - Choc Shake	6 x 18g	N/A	●	●	●	●	●
	NEW	Messy Monkeys Lunchbox Loops - Honey Joy	6 x 18g	N/A	●	●	●	●	●
	NEW	Messy Monkeys Lunchbox Loops - Maple Pancake	6 x 18g	N/A	●	●	●	●	●

THE SNACK SERIES

We've *bean* thinking about this recipe ever since we posted it... you don't want to miss it! Our **Baked Bean Fritters** is a menu game-changer.

healthy-kids.com.au/recipes/baked-bean-fritters



● Green products

● Amber products

● Red products

Diet Jelly

VIC: **GREEN** when served with fruit pieces

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Aeroplane Jelly Company NAT 1800 100 750 www.mccormick.com.au/food-service	NEW	Lite Jelly Crystals - Lime	500g	999006685	●	●	●	●	●
	NEW	Lite Jelly Crystals - Orange	500g	999006687	●	●	●	●	●
	NEW	Lite Jelly Crystals - Raspberry	500g	999006689	●	●	●	●	●
	NEW	Lite Jelly Crystals - Strawberry	500g	999006690	●	●	●	●	●
Birch & Waite NAT 0421 512 478 ACT 0400 331 472 NT 0499 199 311 QLD 0413 890 635 SA 0499 199 311 VIC 0450 334 760 cs@birchandwaite.com.au www.birchandwaite.com.au		Diet Orange Flavoured Jelly	45 x 110g	DIOR2490FH5	●	●	●	●	●
		Diet Strawberry Flavoured Jelly	45 x 110g	DIST2491FH3	●	●	●	●	●

Fruit – Fresh

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Australian Banana Company - A Division of Premier Fresh Australia NAT 03 9687 7725 marketing@premierfresh.com.au www.premierfresh.com.au/our-produce/bananas/	NEW	Bananas - Cavendish	N/A	N/A	●	●	●	●	●

Fruit – Frozen

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Pure Pops NAT 0407 797 116 sales@purepops.com.au www.purepops.com.au	NEW	Mango Banana Ice Pop	45g	SMB30	●	●	●	●	●

≥99% Fruit Juice Ice Blocks

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Australian International Traders Pty Ltd NAT 02 9939 7488 sales@aitraders.com.au www.aitraders.com.au		Snap-Stix - Sour Blackcurrant 99% Juice	24 x 70mL	S81	●	●	●	●	●
		Snap-Stix - Sour Blueberry 99% Juice	24 x 70mL	S70	●	●	●	●	●
		Snap-Stix - Sour Grape 99% Juice	24 x 70mL	S69	●	●	●	●	●
		Snap-Stix - Sour Red Raspberry 99% Juice	24 x 70mL	S68	●	●	●	●	●
		Snap-Stix - Sour Strawberry 99% Juice	24 x 70mL	S66	●	●	●	●	●
		Snap-Stix - Sour Watermelon 99% Juice	24 x 70mL	S75	●	●	●	●	●
		Snap-Stix - Sweet Pineapple 99% Juice	24 x 70mL	S71	●	●	●	●	●
		Snowtime Animal Ice Sour Stix - Assorted Flavours	50 x 35mL	S83	●	●	●	●	●



SNAP-STIX™
sweet
ICE POPS



SNAP-STIX™
sour
ICE POPS





Sour Red Raspberry
Code : S68



Sweet Pineapple
Code : S71



Sour Grape
Code : S69



Sour Watermelon
Code : S75



Sour Blueberry
Code : S70



Sour Blackcurrant
Code : S81



Sour Strawberry
Code : S66





Sparkling 99.9% Fruit Juice
AFB01



Sparkling 99.9% Fruit Juice
AFB03



Sparkling 99.9% Fruit Juice
AFB02

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Ice Cream, Milk-based Ices and Dairy Desserts

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Birch & Waite NAT 0421 512 478 ACT 0400 331 472 NT 0499 199 311 QLD 0413 890 635 SA 0499 199 311 VIC 0450 334 760 cs@birchandwaite.com.au www.birchandwaite.com.au		Crème Caramel	45 x 110g	CRCA1548AC8	●	●	●	●	●
Bulla Dairy Foods NAT 1300 134 882 ACT 0439 111 442 NT 0418 353 337 QLD 0438 786 140 SA 0419 743 907 VIC 0419 743 907 orders@bulla.com.au www.bullafoodservice.com.au		Frozen Yoghurt - Mango	200mL	5000291	●	●	●	●	●
		Frozen Yoghurt - Raspberry	200mL	5000292	●	●	●	●	●
		Frozen Yoghurt - Strawberry	200mL	5000290	●	●	●	●	●
		Frozen Yoghurt - Wildberry	200mL	5000469	●	●	●	●	●
Nestlé Professional NAT 1800 20 30 50 CustomerService.NestleProfessional@au.nestle.com www.nestleprofessional.com.au		NESTLÉ DOCELLO Mousse Dessert Mix - Chocolate <i>Note: made with skim milk</i>	1.9kg	12026839	●	●	●	●	●
		NESTLÉ DOCELLO Mousse Dessert Mix - Citrus <i>Note: made with skim milk</i>	1.9kg	12026837	●	●	●	●	●
		NESTLÉ DOCELLO Mousse Dessert Mix - French Vanilla <i>Note: made with skim milk</i>	1.8kg	12026967	●	●	●	●	●
		NESTLÉ DOCELLO Mousse Dessert Mix - Hazelnut <i>Note: made with skim milk</i>	1.9kg	12030546	●	●	●	●	●
		NESTLÉ DOCELLO Mousse Dessert Mix - Mango <i>Note: made with skim milk</i>	1.9kg	12026966	●	●	●	●	●
		NESTLÉ DOCELLO Mousse Dessert Mix - Mixed Berry <i>Note: made with skim milk</i>	1.9kg	12026964	●	●	●	●	●
		NESTLÉ DOCELLO Mousse Dessert Mix - Strawberry <i>Note: made with skim milk</i>	1.9kg	12027037	●	●	●	●	●

Muffins

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Balfours Bakery NAT 08 8368 5300 ACT 02 9757 7800 NT 08 8334 8200 QLD 07 3278 8673 SA 08 8334 8200 VIC 03 9794 1761 orders@balfours.com.au www.balfours.com.au		Balfours Better Bite Blueberry Muffin	40 x 75g	5907	●	●	●	●	●
		Balfours Better Bite Chocolate Muffin	40 x 75g	5906	●	●	●	●	●

THE SNACK SERIES

Cheese toasties are *grate*, but they could be *cheddar*! Our **Spinach & Cheese Torpedos** are enough to turn any frown upside down.

healthy-kids.com.au/recipes/spinach-cheese-torpedos



Savoury Snack Foods

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Good Food Partners NAT 03 9765 2100 ACT 1800 569 366 NT 1800 569 366 QLD 1800 569 366 SA 1800 569 366 VIC 1800 569 366 www.goodfoodpartners.com.au	NEW	Messy Monkeys Wholegrain Bites - Burger	6 x 20g	N/A	●	●	●	●	●
	NEW	Messy Monkeys Wholegrain Bites - Pizza	6 x 20g	N/A	●	●	●	●	●

Sweet Snack Food Bars and Balls

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Emma & Tom's NAT 1800 112 889 info@emmaandtoms.com www.emmaandtoms.com.au		No Nut Superfood Ball - Cacao & Vanilla	35g	1744	●	●	●	●	●
		Oat Bite - Coconut & Cranberry	40g	1875	●	●	●	●	●
Nestlé Professional NAT 1800 20 30 50 CustomerService.NestleProfessional@au.nestle.com www.nestleprofessional.com.au		MILO Energy Snack Bar - Original	10 x 21g	12292089	●	●	●	●	●

Yoghurt and Custard

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Birch & Waite NAT 0421 512 478 ACT 0400 331 472 NT 0499 199 311 QLD 0413 890 635 SA 0499 199 311 VIC 0450 334 760 cs@birchandwaite.com.au www.birchandwaite.com.au		Custard	45 x 100g	CUST1978AF8	●	●	●	●	●
		Pauls Custard Vanilla Snack Pack	6 x 150g	16213	●	●	●	●	●
Lactalis Australia NAT 1800 000 257 ACT 02 9364 1000 NT 08 8980 2222 QLD 07 3840 0100 SA 08 8292 7777 VIC 03 9213 8131 sales@au.lactalis.com www.lactalis.com.au		Tamar Valley Greek Style No Added Sugar Mango Yoghurt	170g	45727	●	●	●	●	●
		Vaalia Breakfast To Go - Coconut & Apple	150g	61214	●	●	●	●	●
		Vaalia Breakfast To Go - Toasted Muesli	150g	45911	●	●	●	●	●
		Vaalia Kids Strawberry Pouch	140g	41139	●	●	●	●	●
		Vaalia Kids Vanilla Pouch	140g	39730	●	●	●	●	●
		Vaalia Low Fat Yoghurt - Apricot, Mango & Peach	160g	40950	●	●	●	●	●
		Vaalia Low Fat Yoghurt - French Vanilla	160g	40424	●	●	●	●	●
		Vaalia Low Fat Yoghurt - Passionfruit	160g	41398	●	●	●	●	●
		Vaalia Low Fat Yoghurt - Strawberry & Raspberry	160g	46770	●	●	●	●	●
		NESTLÉ DOCELLO No Bake Egg Custard <i>Note: made with skim milk</i>	2kg	12104221	●	●	●	●	●
Nestlé Professional NAT 1800 20 30 50 CustomerService.NestleProfessional@au.nestle.com www.nestleprofessional.com.au									

DRINKS

Water – Flavoured

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Emma & Tom's NAT 1800 112 889 info@emmaandtoms.com www.emmaandtoms.com.au		Sparkling Water - Lime	250mL	1896	●	●	●	●	●
		Sparkling Water - Peach	250mL	1899	●	●	●	●	●
		Sparkling Water - Watermelon	250mL	1900	●	●	●	●	●

Plain Milk and Dairy-free Alternatives

NT: Maximum serve size 375mL

SA: Maximum serve size 375mL primary school and 600mL secondary school

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Lactalis Australia NAT 1800 000 257 ACT 02 9364 1000 NT 08 8980 2222 QLD 07 3840 0100 SA 08 8292 7777 VIC 03 9213 8131 sales@au.lactalis.com www.lactalis.com.au		Pauls Full Cream Milk	24 x 150mL	47853	●	●	●	●	●
		Pauls Full Cream Milk	300mL	107043	●	●	●	●	●
		Pauls Full Cream Milk	600mL	5987	●	●	●	●	●
		Pauls Smarter White Milk	1L	39466	●	●	●	●	●
		Pauls Smarter White Milk	2L	14592	●	●	●	●	●
		Pauls Trim Milk	24 x 150mL	47968	●	●	●	●	●
Sanitarium The Health Food Company NAT 02 4348 7777 CustomerRelations@sanitarium.com.au www.sanitarium.com.au		ADC Barista - Oat Milk	1L	80951	●	●	●	●	●
		So Good - Soy Lite	1L	51191	●	●	●	●	●
		So Good Almond Milk - Unsweetened	1L	80349	●	●	●	●	●
		So Good Soy Milk - Regular 250mL / 1L	N/A	N/A	●	●	●	●	●

Coffee-style Milk Drinks

ACT/NT/QLD: Classifications are for secondary schools only. All coffee-style milk drinks are automatically **RED** in primary schools in these states/territories.

SA/VIC: Classifications are for both primary and secondary schools

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Lactalis Australia NAT 1800 000 257 ACT 02 9364 1000 NT 08 8980 2222 QLD 07 3840 0100 SA 08 8292 7777 VIC 03 9213 8131 sales@au.lactalis.com www.lactalis.com.au		Ice Break No Added Sugar	500mL	71606	●	●	●	●	●
		Ice Break Regular Shot	500mL	16010	●	●	●	●	●
		Oak Flavoured Milk Bottle - Iced Coffee	300mL	34390	●	●	●	●	●
		Oak Flavoured Milk UHT - Iced Coffee	250mL	49330	●	●	●	●	●



DID YOU KNOW

Data has shown **9 out of 10 Australian children** aged 9-11 did not meet the recommended daily serves of dairy foods.¹

A GLASS OF MILO® AND MILK CAN CONTRIBUTE TO DAILY DAIRY INTAKE AND PROVIDES:



A SOURCE OF PROTEIN
to help nourish
growing muscles[^]



A good source of
CALCIUM & VITAMIN D
for strong bones[^]



High in **IRON**
to support the release
of energy in the body[^]



LOW GI
sustained energy^{*^}



LOW GI*

MILO = 41 (Low) made with skim milk
MILO 30% Less Added Sugar = 42 (Low) made with skim milk
MILO Plant Based Energy = 45 (Low) made with lite soy milk

*® of GI Symbol Reg. Trademark of Glycemic Index Foundation

1. Australian Bureau Statistics, Australian Health Survey: Consumption of food groups from the Australian Dietary Guidelines Australia 2011-12, 4364,0,55,012.

* Formulated Supplementary Food. When MILO and skim milk, MILO 30% Less Added Sugar and skim milk and MILO Plant Based Energy and lite soy milk are consumed supplementary to a diet containing a variety of foods.

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BETTER
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Flavoured Milk and Dairy-free Alternatives

NT/SA: Maximum serve size 375mL

QLD: Maximum serve size 500mL. For hot chocolate and other milk flavouring powders, limit serving size to 250mL and do not add more than 2tsp powder.

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Lactalis Australia NAT 1800 000 257 ACT 02 9364 1000 NT 08 8980 2222 QLD 07 3840 0100 SA 08 8292 7777 VIC 03 9213 8131 sales@au.lactalis.com www.lactalis.com.au		Oak Flavoured Milk Bottle - Chocolate	300mL	34868	●	●	●	●	●
		Oak Flavoured Milk Bottle - Strawberry	300mL	34964	●	●	●	●	●
		Oak Flavoured Milk Bottle - Vanilla Malt	300mL	34358	●	●	●	●	●
		Oak Flavoured Milk UHT - Chocolate	250mL	49058	●	●	●	●	●
		Oak Flavoured Milk UHT - Strawberry	250mL	49197	●	●	●	●	●
		Oak Light Flavoured Milk Carton - Chocolate	300mL	46359	●	●	●	●	●
		Oak Light Flavoured Milk Carton - Strawberry	300mL	47204	●	●	●	●	●
		Pauls Bluey Chocolate	250mL	77888	●	●	●	●	●
		Pauls Bluey Strawberry	250mL	77897	●	●	●	●	●
		Pauls Zymil - Chocolate	400mL	60444	●	●	●	●	●
Nestlé Professional NAT 1800 20 30 50 CustomerService.NestleProfessional@au.nestle.com www.nestleprofessional.com.au		MILO 200g / 460g / 700g / 1.25kg / 1.9kg <i>Note: made with skim milk</i>	N/A	N/A	●	●	●	●	●
		MILO 30% Less Added Sugar <i>Note: made with skim milk</i>	395g	12404007	●	●	●	●	●
		MILO Dispenser Jar <i>Note: made with skim milk</i>	500g	101138	●	●	●	●	●
		MILO One-Cup Sachet <i>Note: made with skim milk</i>	100 x 20g	12036518	●	●	●	●	●
		MILO Plant Based Energy <i>Note: made with lite soy milk</i>	395g	12434384	●	●	●	●	●
	NEW	MILO Sachet Display Pack <i>Note: made with skim milk</i>	35 x 20g	12525130	●	●	●	●	●
		NESQUIK Chocolate 250g / 500g / 2.1kg <i>Note: made with reduced-fat milk</i>	N/A	N/A	●	●	●	●	●
		NESQUIK Strawberry <i>Note: made with reduced-fat milk</i>	250g	12186787	●	●	●	●	●
		NESTLÉ Alpen Blend Hot Chocolate <i>Note: made with reduced-fat milk</i>	1.4kg	101145	●	●	●	●	●
		NESTLÉ Malted Milk Drink 500g / 1.5kg <i>Note: made with skim milk</i>	N/A	N/A	●	●	●	●	●
Sanitarium The Health Food Company NAT 02 4348 7777 CustomerRelations@sanitarium.com.au www.sanitarium.com.au		So Good Almond Milk - Vanilla	1L	80460	●	●	●	●	●
		So Good Soy - Vanilla	1L	95056	●	●	●	●	●

Liquid Breakfast Drinks

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Sanitarium The Health Food Company NAT 02 4348 7777 CustomerRelations@sanitarium.com.au www.sanitarium.com.au		UP&GO Dairy Free - Choc Ice	250mL	81001	●	●	●	●	●
		UP&GO Dairy Free - Vanilla Ice	250mL	81002	●	●	●	●	●
		UP&GO Dairy Free - Vanilla Ice	350mL	81052	●	●	●	●	●
		UP&GO Liquid Breakfast - Banana	250mL	80378	●	●	●	●	●
		UP&GO Liquid Breakfast - Banana	350mL	94919	●	●	●	●	●
		UP&GO Liquid Breakfast - Caramel	250mL	80457	●	●	●	●	●
		UP&GO Liquid Breakfast - Choc Ice	250mL	80322	●	●	●	●	●
		UP&GO Liquid Breakfast - Choc Ice	350mL	94923	●	●	●	●	●
		UP&GO Liquid Breakfast - Strawberry	250mL	80377	●	●	●	●	●
		UP&GO Liquid Breakfast - Strawberry	350mL	94922	●	●	●	●	●
		UP&GO Liquid Breakfast - Vanilla Ice	250mL	80323	●	●	●	●	●
		UP&GO Liquid Breakfast - Vanilla Ice	350mL	94921	●	●	●	●	●
		UP&GO No Added Sugar - Choc Ice	250mL	80961	●	●	●	●	●
		UP&GO No Added Sugar - Vanilla Ice	250mL	80964	●	●	●	●	●
		UP&GO Protein Energize - Choc	250mL	80420	●	●	●	●	●
		UP&GO Protein Energize - Iced Coffee	250mL	81153	●	●	●	●	●
		UP&GO Protein Energize - Vanilla	250mL	81036	●	●	●	●	●

Do you need assistance in working out the cost and sales price of a recipe?

Perhaps some templates to keep track of costs in the canteen? We have just the resource for you – check out our **Recipe Pricing Tool!**

1. Recipe costing

Menu Item: Chicken Fried Rice

Date costed: 17-05-2019

Ingredients & packaging	Quantity	Unit
White rice	0.850	kg
Mixed vegetables, frozen	1.000	kg
Onion	0.250	kg
Soy Sauce	0.100	L
Chicken breast	1.000	kg
Container	20.000	ea
Spoon	20.000	ea

Total cost of recipe

Number of serves from this recipe

Cost per serve

2. Recipe pricing

Sale price

Food cost %

Target food cost%

Sale price at target food cost

healthy-kids.com.au/school-canteens/managing-a-canteen/recipe-pricing/

**11 VITAMINS
& MINERALS
FIBRE, LOW GI
PROTEIN**



Product Code
80378



Product Code
80457



Product Code
80322



Product Code
80377



Product Code
80323



Product Code
80961



Product Code
80964



Product Code
81001



Product Code
81002



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Glycaemic index (GI) value = 38

**AUSTRALIAN
MADE &
OWNED**

**AUSTRALIA'S
NO.1 LIQUID
BREAKFAST**

**AVAILABLE
IN NO ADDED
SUGAR**



**FOR MORE INFORMATION SEE YOUR LOCAL
DISTRIBUTOR OR CONTACT SANITARIUM
ON 02 4348 7606**

≥99% Fruit Juice

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Australian International Traders Pty Ltd NAT 02 9939 7488 sales@aitraders.com.au www.aitraders.com.au	NEW	Ice Mony Sparkling 99.9% Fruit Juice - Blueberry	250mL	AFB01	●	●	●	●	●
	NEW	Ice Mony Sparkling 99.9% Fruit Juice - Grape	250mL	AFB02	●	●	●	●	●
	NEW	Ice Mony Sparkling 99.9% Fruit Juice - Strawberry	250mL	AFB03	●	●	●	●	●
Bevco Pty Ltd NAT 1300 781 867 QLD 07 3206 0492 accounts@bevco.com.au www.bevco.com.au		Bevco No Added Sugar Fruit Juice Cup - Apple	96 x 110mL	BRAC01	●	●	●	●	●
		Bevco No Added Sugar Fruit Juice Cup - Apple Blackcurrant	96 x 110mL	BRBC01	●	●	●	●	●
		Bevco No Added Sugar Fruit Juice Cup - Orange	96 x 110mL	BROCT01	●	●	●	●	●
		Macquarie Valley No Added Sugar Fruit Juice Easy Cap - Apple	10 x 200mL	MRAPA02	●	●	●	●	●
		Macquarie Valley No Added Sugar Fruit Juice Easy Cap - Apple Blackcurrant	10 x 200mL	MRBPA02	●	●	●	●	●
		Macquarie Valley No Added Sugar Fruit Juice Easy Cap - Orange	10 x 200mL	MROPA02	●	●	●	●	●
		Macquarie Valley No Added Sugar Fruit Juice Easy Cap - Orange Passio	10 x 200mL	MRSPA02	●	●	●	●	●
		Orchy No Added Sugar Fruit Juice Easy Cap - Apple	10 x 200mL	ORAPA02	●	●	●	●	●
		Orchy No Added Sugar Fruit Juice Easy Cap - Apple Blackcurrant	10 x 200mL	ORCPA02	●	●	●	●	●
		Orchy No Added Sugar Fruit Juice Easy Cap - Orange	10 x 200mL	OROPA02	●	●	●	●	●
		Orchy No Added Sugar Fruit Juice Easy Cap - Orange Passio	10 x 200mL	ORSPA02	●	●	●	●	●
		Orchy Preservative Free No Added Sugar Fruit Juice - Apple	10 x 250mL	OLA9025	●	●	●	●	●
		Orchy Preservative Free No Added Sugar Fruit Juice - Apple Blackcurrant	10 x 250mL	OLB9025	●	●	●	●	●
		Orchy Preservative Free No Added Sugar Fruit Juice - Orange	10 x 250mL	OLO9025	●	●	●	●	●
		Orchy Preservative Free No Added Sugar Fruit Juice - Orange Passio	10 x 250mL	OLS9025	●	●	●	●	●
		Orchy Preservative Free No Added Sugar Fruit Juice - Pineapple	10 x 250mL	OLP9025	●	●	●	●	●
Emma & Tom's NAT 1800 112 889 info@emmaandtoms.com www.emmaandtoms.com.au		Life Juice - ABC Bliss	250mL	1885	●	●	●	●	●
		Life Juice - Berry Blast	250mL	1887	●	●	●	●	●
		Life Juice - Cloudy Apple	250mL	J057	●	●	●	●	●
		Life Juice - Karmarama	250mL	J059	●	●	●	●	●
		Life Juice - Pineapple Crush	250mL	1858	●	●	●	●	●
		Life Juice - Straight OJ	250mL	J056	●	●	●	●	●
Kraft Heinz NAT 1800 788 879 foodserviceau@kraftheinz.com www.kraftheinzfoodservice.com.au		Golden Circle Popper Juice - Apple	24 x 250mL	0942	●	●	●	●	●
		Golden Circle Popper Juice - Apple & Blackcurrant	24 x 250mL	0946	●	●	●	●	●
		Golden Circle Popper Juice - Apple & Mango	24 x 250mL	8810	●	●	●	●	●
		Golden Circle Popper Juice - Orange	24 x 250mL	0944	●	●	●	●	●
		Golden Circle Popper Juice - Tropical	24 x 250mL	0943	●	●	●	●	●

≥99% Fruit Juice (continued)

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Lactalis Australia NAT 1800 000 257 ACT 02 9364 1000 NT 08 8980 2222 QLD 07 3840 0100 SA 08 8292 7777 VIC 03 9213 8131 sales@au.lactalis.com www.lactalis.com.au		Harvey Fresh Real Juice - Apple	90 x 110mL	80297	●	●	●	●	●
		Harvey Fresh Real UHT Juice - Apple	250mL	80412	●	●	●	●	●
		Harvey Fresh Real UHT Juice - Apple & Blackcurrant	250mL	80026	●	●	●	●	●
		Harvey Fresh Real UHT Juice - Orange	250mL	80462	●	●	●	●	●
Sabrands Australia Management Pty Ltd NAT 1800 667 765 enquiries@sabrands.com www.sunraysia.com		Sunraysia Juice Pouch - Apple	200mL	SPA200	●	●	●	●	●
		Sunraysia Juice Pouch - Apple & Blackcurrant	200mL	SPAB200	●	●	●	●	●
		Sunraysia Juice Pouch - Apple & Mango	200mL	SPAM200	●	●	●	●	●
		Sunraysia Juice Pouch - Apple & Strawberry	200mL	SPAS200	●	●	●	●	●
		Sunraysia Juice Pouch - Tropical	200mL	SPT200	●	●	●	●	●

≥99% Fruit Juice Slushies

ACT/NT: Maximum serve size 200mL
QLD/SA/VIC: Maximum serve size 250mL

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Blizzard Australia NAT 02 9540 3700 ACT 0417 499 920 sales@blizzardfd.com www.blizzardfd.com		Blizzard Fruitz - Arctic Fruit	5L	BFAFRS	●	●	●	●	●
		Blizzard Fruitz - Fruit Burst	5L	BFFBRS	●	●	●	●	●
		Blizzard Fruitz - Green Apple	5L	BFGARS	●	●	●	●	●
		Blizzard Fruitz - Orange Crush	5L	BFOCRS	●	●	●	●	●
		Blizzard Fruitz - Strawberry	5L	BFSBRS	●	●	●	●	●
Slush Puppie Pty Ltd NAT 1300 446 500 info@slushpuppie.com.au www.slushpuppie.com.au		Pre-Mix Cloudy Lemons	2L	N/A	●	●	●	●	●
		Pre-Mix Pink Lady Sour Apple	2L	N/A	●	●	●	●	●
		Pre-Mix Strawberry Vanilla	2L	N/A	●	●	●	●	●
		Pre-Mix Tropical	2L	N/A	●	●	●	●	●
		Vita Max Apple Base	2L	N/A	●	●	●	●	●
		Vita Max Naturals Cloudy Lemons	2L	N/A	●	●	●	●	●
		Vita Max Naturals Forest Fruits	2L	N/A	●	●	●	●	●
		Vita Max Naturals Sour Apple	2L	N/A	●	●	●	●	●
		Vita Max Naturals Strawberry Vanilla	2L	N/A	●	●	●	●	●
		Vita Max Naturals Tangy Berries	2L	N/A	●	●	●	●	●
		Vita Max Naturals Tropical	2L	N/A	●	●	●	●	●

Diet Drinks

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Kraft Heinz NAT 1800 788 879 foodserviceau@kraftheinz.com www.kraftheinzfoodservice.com.au	NEW	Golden Circle Refreshers - Berry Burst	24 x 250mL	19020	●	●	●	●	●
	NEW	Golden Circle Refreshers - Cool Crush	24 x 250mL	19025	●	●	●	●	●
	NEW	Golden Circle Refreshers - Tropical Sunrise	24 x 250mL	19023	●	●	●	●	●
	NEW	Golden Circle Refreshers - Wild Waterfall	24 x 250mL	19024	●	●	●	●	●

CONDIMENTS AND EXTRAS

Gravy and Stock

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Unilever Australia Limited NAT 1800 622 039 www.ufs.com	NEW	KNORR Conc Liquid Stock Chicken	1kg	67065234	●	●	●	●	●
	NEW	KNORR Golden Roast Gravy GF	1.8kg	67919326	●	●	●	●	●

Mayonnaise and Salad Dressings

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Birch & Waite NAT 0421 512 478 ACT 0400 331 472 NT 0499 199 311 QLD 0413 890 635 SA 0499 199 311 VIC 0450 334 760 cs@birchandwaite.com.au www.birchandwaite.com.au	NEW	Caesar Dressing	8 x 1L	CADR3712FQ1	●	●	●	●	●
	NEW	Japanese Style Mayonnaise	8 x 1L	JACH5313FQ1	●	●	●	●	●
	NEW	Plant Based Mayonnaise	8 x 1L	SIVE4505FQ1	●	●	●	●	●
	NEW	Whole Egg Mayonnaise	8 x 1L	MAY00124FQ1	●	●	●	●	●
Unilever Australia Limited NAT 1800 622 039 www.ufs.com	NEW	HELLMANN'S Real Aioli GF	2.5L	61041120	●	●	●	●	●
	NEW	HELLMANN'S Real Mayonnaise GF	2.5L	61037780	●	●	●	●	●

Pasta Sauces and Simmer Sauces

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Nestlé Professional NAT 1800 20 30 50 CustomerService.NestleProfessional@au.nestle.com www.nestleprofessional.com.au		BITONI Sugo al Pomodoro Tomato Coulis	3kg	12147751	●	●	●	●	●
		BITONI Sugo Lussuoso al Pomodoro Rich Tomato Sauce	2.6kg	12147750	●	●	●	●	●
Unilever Australia Limited NAT 1800 622 039 www.ufs.com	NEW	KNORR Italiana Bolognese Sauce GF	1.95kg	21042069	●	●	●	●	●
	NEW	KNORR Italiana Pronto Napoli GF	4.15kg	21124073	●	●	●	●	●
	NEW	KNORR Tomato Powder	850g	68425445	●	●	●	●	●



Looking for menu inspiration from cuisines all around the globe?

Check out our **Around the World in 20 Plates** recipe book!

healthy-kids.com.au/around-the-world-in-20-plates/



Peanut Butter

Use Sparingly.

Check your school's policy regarding food allergens and please refer to your relevant education anaphylaxis procedures.

Company Details	New	Product	Pack Size	Product Code	ACT	NT	QLD	SA	VIC
Sanitarium The Health Food Company NAT 02 4348 7777 CustomerRelations@sanitarium.com.au www.sanitarium.com.au		Peanut Butter - Crunchy	2kg	12197	●	●	●	●	●
		Peanut Butter - Crunchy	375g	95422	●	●	●	●	●
		Peanut Butter - Smooth	2kg	12097	●	●	●	●	●
		Peanut Butter - Smooth	375g	95423	●	●	●	●	●



Liquid Conversion Chart

1 tsp = 5mL

1 tbsp = 20mL

¼ cup = 60mL

⅓ cup = 80mL

½ cup = 125mL

1 cup = 250mL

2 cups = 500mL

4 cups = 1L

*These conversions have been rounded for convenience.



Premium quality, convenient products for your canteen menu



NUT
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GLUTEN
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CHILLED



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AUSTRALIA



Caesar Dressing

1L x 8 | CADR3712FQ1
6 months shelf life



Japanese Style Mayonnaise

1L x 8 | JACH5313FQ1
6 months shelf life



Plant Based Mayonnaise

1L x 8 | SIVE4505FQ1
6 months shelf life



Whole Egg Mayonnaise

1L x 8 | MAYO0124FQ1
6 months shelf life



Diet Orange Flavoured Jelly

110g x 45 | DIOR2490FH5
4 months shelf life



Diet Strawberry Flavoured Jelly

110g x 45 | DIST2491FH3
4 months shelf life



Custard

100g x 45 | CUST1978AF8
3.4g protein
16 weeks shelf life



Crème Caramel

110g x 45 | CRCA1548AC8
4.5g protein
16 weeks shelf life

02 8668 8000



cs@birchandwaite.com.au

CHEF QUALITY | FRESH CHILLED | BATCH CRAFTED | AUSTRALIAN INGREDIENTS



Company Contact Details

Aeroplane Jelly Company

NAT 1800 100 750
www.mccormick.com.au/food-service

Australian Banana Company - A Division of Premier Fresh Australia

NAT 03 9687 7725
marketing@premierfresh.com.au
www.premierfresh.com.au/our-produce/bananas/

Australian International Traders Pty Ltd

NAT 02 9939 7488
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Bakers Maison Australia

NAT 02 8707 7777
info@bakersmaison.com.au
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Balfours Bakery

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NT 08 8334 8200
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Bevco Pty Ltd

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Birch & Waite

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Bulla Dairy Foods

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Earlyrise Baking Co

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Emma & Tom's

NAT 1800 112 889
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Good Food Partners

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Ingham's

NAT 1300 464 426
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Kraft Heinz

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NAT 1300 262 635
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Mrs Mac's

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Unilever Australia Limited

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