Healthy Kids Expo Recipe



Tip Top Foodservice - Apple Custard Cups

Everyday

Serves 8

Ingredients:

- 2eggs
- 1/3 cup vanilla Greek yoghurt
- 8 slices Tip Top Raisin Toast
- 1 green apple, very thinly sliced

Foodservice

Method:

- 1. Preheat the air fryer or oven to 180°C
- 2.In a small bowl, add the eggs and yoghurt. Whisk together to form a custard
- 3. Using gloved fingers or the back of a spoon, press into the centre of each slice of bread to indent and create a well, without cutting through. You could also use a ramekin or something of a similar item to help create the desired shape.
- 4. Spoon in the custard mixture into the indented well of each slice of bread and add the apple slices on top.
- 5. **Air fryer:** Bake for 4-5 minutes or **oven**: place on an oven tray with baking paper and bake for 8-12 minutes (depending on your oven strength)
- 6. The custard should be set and start to caramelise on the edges when ready.
- 7. Serve